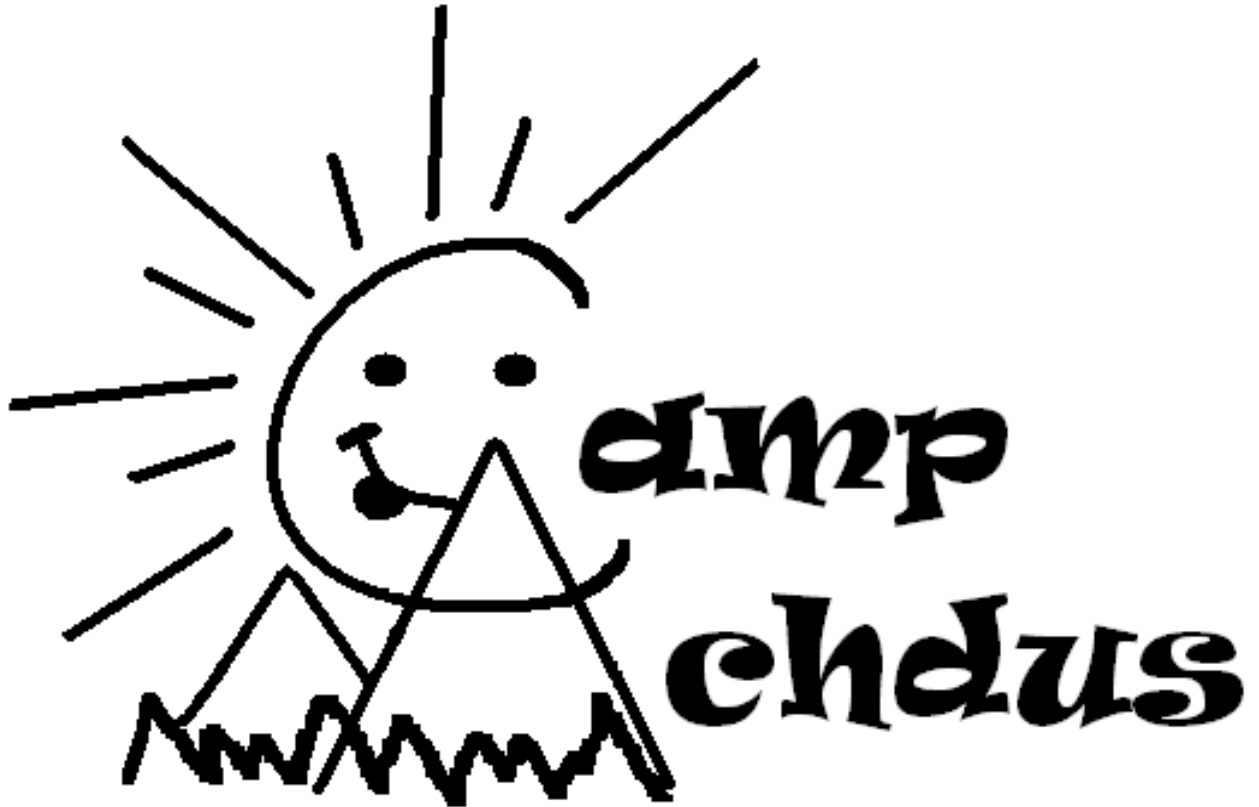


2025 HANDBOOK



Welcome to Camp Achdus!

Thank you for choosing Camp Achdus! We're so excited to spend the summer with your daughter(s)/son, packed with unforgettable trips, high-energy activities, swimming, dancing, and loads of ruach! This handbook includes key information you'll need to help your summer run smoothly—please read it carefully.

If you have any questions, we're always here to help! You can email us at campachdusk@gmail.com or text/call us at **929-601-6645** at any time!

Important Dates

- **First Day of Camp:** Monday, July 30th 2025
 - **No Camp:** Friday, July 4th, 2025
 - **End of First Session:** Friday, July 25th, 2025
 - **Start of Second Session:** Monday, July 28th, 2025
 - **Last Day of Camp:** Friday, August 22nd, 2025
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Camp Hours

- **Monday–Thursday:** 9:00 AM – 4:00 PM

- **Fridays: 9:00 AM – 1:30 PM**
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What to Bring to Camp

Each day, your daughter should bring the following items. **Please make sure everything is labeled clearly with her name!**

- A bathing suit
 - A towel or robe
 - A bathing cap – **This is required for swimming and not recommended to share**
 - A wet bag (an empty shopping bag is fine)
 - A siddur (can be left in camp)
 - A snack (we provide a second snack daily)
 - Her Camp Achdus water bottle!
 - Sunscreen (please apply before camp if possible)
 - And most importantly... **A big smile!** 😊
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Arrival

- Camp Achdus starts each day at 9:00 AM. If your daughter does not take the bus, please plan to drop her off between **8:50–9:00 AM**. While the building might be open earlier due to deliveries or other

needs, camp staff will only be available for supervision starting at 8:50 AM.

- Our day begins with breakfast and davening, followed immediately by a full schedule of exciting activities. If your daughter arrives late, a staff member will help her find her group. Please try to be on time so she doesn't miss out on the fun and routine of her bunk.
- **Note:** Most trips depart before **10:15 AM**, so punctual arrival is especially important on trip days!

Dismissal

- Camp ends at 4:00 PM and the buses depart promptly at that time. If your daughter is not taking the bus, please plan to pick her up between **3:45–4:00 PM**. There will be **no supervision after 4:15 PM**, so please be on time.
- Only campers who are officially registered for bussing may ride the bus. If your child is going on a play date and will be going home with someone who is on the bus, **you must contact us during the camp day to notify us**. No last-minute changes will be permitted without prior communication.

Medical Forms & Health Info

All campers must submit a completed medical form from a physician **prior to the first day of camp**. These forms must include actual immunization dates and signed parental consent where indicated. This is a legal requirement by New York State and must be uploaded and emailed to us. Campers will not be allowed to attend camp without this form on file.

Please let us know about any food or medication allergies your child has, along with instructions from your doctor (such as needing Benadryl or an EpiPen).

We are a NUT-FREE CAMP!

Please do **not** send any food items that contain peanuts or tree nuts. This includes:

- Peanut butter
- Bamba
- Some cookies or granola bars

Some campers have severe, life-threatening allergies and could react even to the **smell** of these foods. Be extra careful when packing snacks, and check labels. This rule applies on the bus as well.

T-Shirts

Each camper will receive an adorable **Camp Achdus T-shirt** during the first week. The shirts are \$9 each. Campers **must wear** their camp shirts on all trip days.

Electronics Policy

To keep the camp atmosphere engaging and tech-free, **no electronic devices** are allowed. This includes:

- Cell phones
- iPods
- Smartwatches
- Tablets or any other devices

If a camper is found with an electronic item, it will be held by camp staff and returned to a parent. Camp Achdus is **not responsible** for lost or stolen electronics. **Cameras are allowed.**

Meals

Camp Achdus provides **breakfast, a hot lunch, and one snack** each day. Please also send an **extra snack (or more)** with your child. You can refer to the lunch menu to know what will be served. If your daughter doesn't like the meal planned for the day, feel free to send along a lunch she'll enjoy.

Birthdays

We love celebrating birthdays at Camp Achdus! If your daughter has a summer birthday and you'd like to arrange a party, we'd be happy to celebrate in camp. Family is welcome to join, and you may bring in nut-free treats. If you're sending a dairy item, it must be **Cholov Yisroel**. Please reach out to us with any questions or to make arrangements.
